

Career Expo cultivates big opportunities



ASUTOSH SILWAL • The Reporter

Students got to mingle with company representatives and discuss potential job opportunities at the Minnesota State University, Mankato's Career and Internship Expo.

By AMALIA SHARAF
Staff Writer

More than 150 potential employers came to Minnesota

State University, Mankato's Career and Internship EXPO, held Tuesday and Wednesday in the Centennial Student Union Ballroom.

Companies came to the EXPO looking for interns and employees. Tuesday's batch was here to find students from the College of Science, Engineer-

ing, & Technology and the College of Education. Wednesday's companies were mostly waiting for students from the College of Business, College of Humanities

& Social Sciences, and College of Allied Health & Nursing.

Students could mingle with company representatives, dis-
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International Student Insurance Policy Resolution discussed among senate

By JULIA BARTON
Editor in Chief

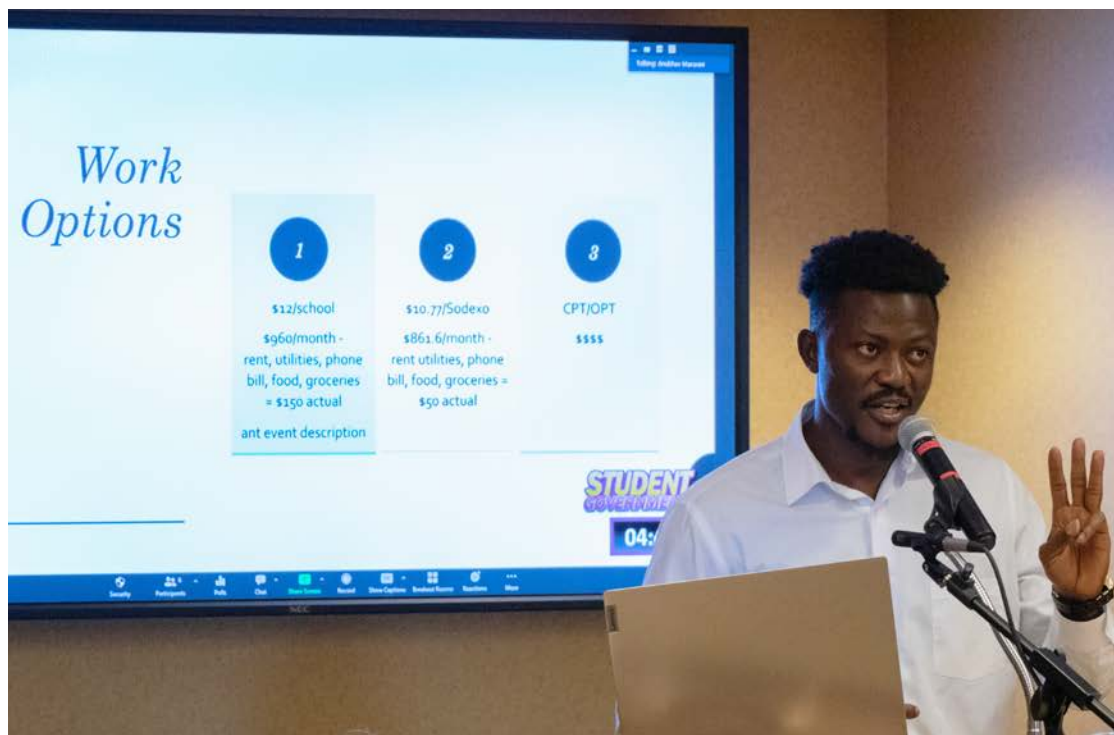
During Wednesday's senate meeting a resolution was brought to the table that involved international students and their health insurance policy payment change.

In May, Minnesota State University, Mankato transitioned from a split payment plan back to a one-year mandatory payment plan regarding health insurance that all international students must carry in order to register for classes.

This decision was made without the consultation of the Student Government or the International Student Association, which drew the concern of student leaders.

If an international student can't afford to pay their one-year healthcare coverage fee, their classes will be canceled which would impact their visa status.

The International Student



LILLY ANDERSON • The Reporter

Senator Darlington Sehgbean gives their senator report as they educate the student senate on the resolution.

Insurance Policy Resolution — which will be voted on next

week — advocates keeping the current split payment option.

Senator Darlington Sehgbean's said he surveyed 123

international students about the international student insurance policy with the majority in favor of keeping the split-payment plan.

"This is a struggle of students and we cannot let the university keep making policies that will make it more impossible for students to graduate," Sehgbean said. "This resolution is a resolution that tests the university's policy on diversity, equity and inclusion."

The one-year payment plan has a risk of student retention issues as students who can't afford to pay all at once will have to consider transferring or dropping out.

Senator Douglas Roberts voiced his support for this resolution.

"This is a stress that we put upon them when we establish a policy talking about a single payment. Regardless of how you feel about it, this resolution gives hope and reduces the bur-

STUGOV on page 2▶



ASUTOSH SILWAL • The Reporter

Besides the opportunity to have professional photos taken, students were able to talk and conduct impromptu interviews with a multitude of different companies to connect students with future internships or jobs.

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discuss internships and conduct impromptu interviews.

The main goal of students was to find an internship or a job opportunity. Kamel Mohammed, an international student majoring in Computer Science, heard about these opportunities and started to search for a good fit.

“My plan is to find an internship for international students and, when I graduate, I will probably look for a place that will help me work and get my experience,” said Mohammed.

Many students were able to communicate with companies and acquire contacts, which can help with future internships or jobs. Most of the students attended such an event for the

first time but were satisfied with the number of companies and opportunities.

The Career and Internship EXPO was also useful for companies. Organizations attending the event are looking for young and talented students.

Larger organizations can offer students a summer internship in other states, which is an interesting opportunity to gain experience.

“There have been a lot of internship interests [from students], specifically today from engineering students or IT students, which is great and kind of what I was expecting for the day today,” said Alyssa Rands, the recruiting specialist for Mediacom Communications Corporation. “At this time our company, in our closest to the

Mankato area, is looking for full-time employment opportunities but we do offer some of our internships, specifically in New York. We have a variety of different positions and talk to students about that opportunity and the opportunity to travel to New York for the summer.”

Students had the opportunity not only to communicate with companies of interest but also to take professional photos for their resumes and portfolios.

The event was attended by a professional photographer who took more than 150 photos Tuesday. Students will receive the finished photos via e-mail and will be able to use them in their own professional papers.

◀STUGOV from page 1

den on our international students.”

The split payment plan was implemented during the 2020-21 year in order to accommodate those who may struggle financially during COVID-19.

Ensuring that the university is an equitable and inclusive place was a point made during the discussion.

“This obviously has the appearance of systemic racism by

the university toward international students,” Jordan Muller said. “It is our duty as a student government to protect diversity and protect minorities to protect our students affected. This will disproportionately affect black and brown students and disabled students all across the board.”

International students are only allowed to work on campus for a maximum of 20 hours a week. They are also not allowed to work off-campus un-

less under an internship of their specific major.

Senator Koshangi Jha, who is also an international student, agreed. “If we do not pay we cannot register, we only have two options: find that amount or go out of status.”

Next Wednesday the senate will vote on this resolution with the international healthcare fee due on Nov 1. If it passes, it will be sent to President Inch. Inch is not required to honor the resolution.

Abortion access looms over medical residency applications



RICK OSENTOSKI • Associated Press

Dr. Connor McNamee, a third-year resident at the University of Toledo Medical Center where students in obstetrics-gynecology and family medicine are facing tough choices about where to advance their training.

By JAMES POLLARD
Associated Press

Students in obstetrics-gynecology and family medicine — two of the most popular medical residencies — face tough choices about where to advance their training in a landscape where legal access to abortion varies from state to state.

Abortions are typically performed by OB-GYNs or family doctors, and training generally involves observing and assisting in the procedure, often in outpatient clinics. Many doctors and students now worry about nonexistent or subpar training in states where clinics closed or abortion laws were otherwise tightened after the Supreme Court overturned Roe v. Wade.

In some cases, applicants who want to perform abortions as part of their career are pursuing residencies in states with more liberal reproductive laws and perhaps continuing their careers there, too — potentially setting up less permissive states for a shortage of OB-GYNs, observers said.

“To choose a state where I will be limited or I wouldn’t have full access is essentially shortchanging myself and my future patients on the quality of care that I can provide,” said Deborah Fadoju, a fourth-year Ohio State medical student who said she looked at programs along the East Coast, where many states have laws safeguarding abortion. As an OB-GYN, Fadoju said, she should be able to “do the full breadth of work.”

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Rock climber who competed without hijab returns

By JOHN GAMBRELL
Associated Press

Iranian climber Elnaz Rejabi returned to Tehran early Wednesday after competing in South Korea without wearing a headscarf, an act widely seen as support for anti-government demonstrators amid weeks of protests over the Islamic Republic's mandatory hijab.

After landing, Rejabi gave a careful, emotionless interview to Iran's hard-line state television, saying that going without a hijab had been an "unintentional" act on her part.

However, hundreds gathered outside Imam Khomeini International Airport — including women not wearing the hijab — and cheered for "Elnaz the Champion," casting Rejabi as an inspiration for their continued protests.

The future Rejabi faces after returning home remains unclear. Supporters and Farsi-language media outside of Iran have worried about Rejabi's safety after her return, especially as activists say the demonstrations have seen security forces arrest thousands so far.

The differing reception for Rejabi shows the growing fissures in Iranian society as nationwide protests sparked by the Sept. 16 death of a 22-year-old woman are in their fifth week.

Mahsa Amini was detained by the country's morality police over her clothing — and her death has prompted women to remove their hijabs in public.

The demonstrations, drawing school-age children, oil workers and others to the streets in over 100 cities, represent the



IRNA via Associated Press

Iranian competitive climber Elnaz Rejabi speaks to journalists in Imam Khomeini International Airport in Tehran, Iran, after competing in South Korea without wearing a mandatory headscarf required of female athletes.

most-serious challenge to Iran's theocracy since the mass protests surrounding its disputed 2009 presidential election.

That Rejabi, 33, competed without her hijab in Seoul during the finals of the International Federation of Sport Climbing's Asia Championship prompted her immediate embrace by those supporting the demonstrations that increasingly include calls for the overthrow of the country's theocracy.

But sports in Iran, from soccer leagues to Rejabi's competitive climbing, broadly operate under a series of semi-govern-

mental organizations. Women athletes competing at home or abroad, whether playing volleyball or running track, are expected to keep their hair covered as a sign of piety.

Iran, as well as Taliban-controlled Afghanistan, make such head coverings mandatory for women.

That made Rejabi's public appearance on Sunday without one a lightning-rod moment. On landing at Imam Khomeini International Airport early Wednesday, she wore a black baseball cap and a black hoodie covering her hair. A man handed

her flowers.

At first, Rejabi repeated an explanation posted earlier to an Instagram account in her name, saying her not wearing the hijab was "unintentional."

The Iranian government routinely pressures activists at home and abroad, often airing what rights group describe as coerced confessions on state television — the same cameras she addressed on her arrival back home.

Rejabi said she was in a women-only waiting area prior to her climb.

"Because I was busy put-

ting on my shoes and my gear, it caused me to forget to put on my hijab and then I went to compete," she said.

She added: "I came back to Iran with peace of mind although I had a lot of tension and stress. But so far, thank God, nothing has happened."

The somber scene then gave way to one of a jubilant crowd outside the terminal.

Videos online, corresponding to known features of the airport, show those gathered chanting Rejabi's name and calling her a hero. Footage showed her waving from inside a van.

The semiofficial ISNA news agency later reported that she met with Sports Minister Hamid Sajjadi, saying he encouraged her to continue competing.

Rejabi left Seoul on a Tuesday morning flight. The BBC's Persian service, which has extensive contacts within Iran despite being banned from operating there, quoted an unnamed "informed source" as saying Iranian officials as seized both Rejabi's mobile phone and passport.

BBC Persian also said she initially had been scheduled to return on Wednesday, but her flight apparently had been moved up unexpectedly.

IranWire, another website focusing on the country founded by Iranian-Canadian journalist Maziar Bahari who once was detained by Iran, suggested that Rejabi could immediately be taken to Tehran's notorious Evin Prison, where dissidents are held.

A massive fire there over the weekend killed at least eight prisoners.

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Save time to schedule sleep

With all that's on our plates as students, it's not difficult for us to occasionally put ourselves last and our responsibilities first. In the long run, this can become detrimental to our physical and mental health when we deny ourselves time to eat or rest.

The recommended hours of sleep seven to nine hours, but college students tend to lack those hours. With tight deadlines on assignments, pulling an all-nighter is sometimes the only option. However, we as students, should be prioritizing our sleep.

When students get more sleep, they have more energy to stay awake. For those who have morning classes at 8 or 9 a.m., it's important to not miss any information, even though it seems the back of the lecture hall is more suited for sleeping. You don't want to fall behind on any schoolwork and if you oversleep, it's a missed lecture and unwritten notes.

In addition it increases your productivity, making you get more done in a day. Sleep is nature's caffeine and if you can get the recommended hours of sleep (7-9 hours,) you'll be less inclined to spend your limited money on coffee and energy drinks.

Sleep gives you a chance to take a break from studying homework. Naps excluded, getting the recommended hours of sleep lets you take a longer break from work and to ease stress.

It may sound tempting to accomplish all your homework in one night in hopes of working ahead and not having to worry about assignments, but when you don't set aside time for sleep, the assignments you tend to the next day won't nearly have as much effort put into them as the ones where you stayed up all night.

The most important reason to get sleep is how it affects your overall physical and mental health. Sleeping gives your body a chance to replenish and restore itself, specifically the immune system which is crucial as cold and flu season is approaching.

It also helps lowers the risk of heart disease and reduces inflammation. Sleep also improves your memory and cognition as well as lowering depression. Grades are important, but not as much as your health.

At one point or another, we will have to burn the midnight oil and sacrifice a few hours of sleep.

However, this shouldn't be the norm we follow. Falling into bed each night should be a priority and in order to get A's, we need to first catch some Z's.

Perspectives

Social media does not define you



Flickr photos

It can be easy to compare yourself to others on social media, but it doesn't define your self-worth.

By EMMA JOHNSON
News Director

"Everyone else has it except me!"

This was a sentence I told my mother repeatedly in middle school. My friends, if not the entire student body, were downloading Instagram, the newly released app that would quickly become one of the largest social media platforms. My parents held their ground and told me I couldn't have social media until I was older. At the time, I was pissed. And while I eventually downloaded it several years later, I have my parents to thank for the delay.

I don't think anyone expected how big social media platforms would become in sharing life's moments with each other and how detrimental it could impact our

mental health. Social media, while great for connecting with others (like how I met my roommate and best friend over Instagram) can be a dark place, especially regarding mental health.

Growing up, I had the mindset of "I'll do my own thing and not care what others think." Social media has the tendency to alter our minds and how we perceive ourselves when millions of other people are sharing their own opinions and posts about themselves.

Since I was older when I got social media, I was educated on how to stay safe on platforms. I didn't lack the naivete when it came to "what you post is out there forever." When I post, I consider the possibility of a future employer coming across my page and making an assumption about who I

am based on my profile. You don't get a second chance to make a first impression, so I've made sure that my Instagram page represents my genuine self.

When I eventually got Instagram, I was over the moon and posted more than normal. I didn't know the standard was to post once every few weeks or months instead of several times a day. I wasn't getting a lot of likes per post considering I was a newbie to the platform, but the feeling of putting myself out there was euphoric. Notifications for "likes" felt rewarding. As time went on, I became like everyone else, posting less and less but still wanting to make sure I documented the best moments of my life which, in turn, has become a semi-downfall to social media. It can be easy

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Pulse

"How many hours of sleep do you usually get?"

Compiled by Dylan Engel



GABE STRUCHEN,
SOPHOMORE

"6-7."



KELLI JAMES,
JUNIOR

"8-9."



ALEX MOGREN,
SOPHOMORE

"4-5."



SAMUEL
OLUWADOROMI,
GRAD STUDENT

"3 hours, depending on the day."



KATHLYN WAGNER,
JUNIOR

"7 hours."



SADIE WOODS,
SENIOR

"About 7."

Rare toad fight similar to landmark endangered species case



PATRICK DONNELLY • Associated Press

Dixie Valley toads are temporarily listed as an endangered species on an emergency basis, near the site of a power plant site in Nevada, according to which the U.S. Fish and Wildlife Service.

By SCOTT SONNER
Associated Press

The unusual circumstances that led to the U.S. Supreme Court's landmark ruling on the Endangered Species Act in 1978 have not surfaced much since then.

But the stage is being set in Nevada for another potentially significant test of the nation's premier wildlife protection law in a legal battle over a geothermal power plant with similar-

ities to the precedent-setting fight over the snail darter and a dam in Tennessee nearly a half century ago.

Even smaller than that tiny species of perch, the endangered critter in Nevada is a quarter-sized toad found only in high-desert wetlands fed by underground springs on federal land.

Citing the potential threat posed by the water-pumping power plant, the Fish and Wildlife Service declared the Dixie

Valley toad endangered on a temporary, emergency basis in April — only the second time in 20 years it's taken such action.

And while the geothermal plant would generate electricity by spinning turbines with steam tapped from hot water beneath the earth instead of hydropower harnessed from rivers, both projects were born with the promise of producing some of the cleanest, renewable energy of their time.

CO2 emissions rise in 2022, but more slowly



MARTIN MEISSNER • Associated Press

The International Energy Agency said that it expects carbon emissions from the burning of fossil fuels to rise again this year, but by much less than in 2021 due to the growth in renewable power and electric cars.

By FRANK JORDANS
Associated Press

The International Energy Agency said Wednesday that it expects carbon emissions from the burning of fossil fuels to rise again this year, but by much less than in 2021 due to the growth in renewable power and electric cars.

Last year saw a strong rebound in carbon dioxide emissions — the main greenhouse gas responsible for global warming — after the global economic downturn caused by the coronavirus pandemic in 2020.

The Paris-based IEA said CO2 emissions from fossil fuels are on course to rise by almost 1% in 2022 compared to the previous year.

That's nearly 300 million metric tons of CO2 more than in 2021, when the burning of gas, oil and coal released about 33.5 billion tons of CO2.

"This year's increase is driven by power generation and by the aviation sector, as air travel rebounds from pandemic lows," the agency said.

While coal emissions grew 2% as countries that previously imported natural gas from Russia scrambled for other energy sources, this didn't outweigh the expansion of solar and wind power, which saw a record rise in 2022.

Oil use also increased as pandemic-related restrictions eased, resulting in more people commuting to work and a rise in air travel.

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Poor US neighborhoods get worst internet

By LEON YIN and AARON SANKIN
Associated Press

A couple of years into the pandemic, Shirley Neville had finally had enough of her shoddy internet service.

“It was just a headache,” said Neville, who lives in a middle-class neighborhood in New Orleans whose residents are almost all Black or Latino. “When I was getting ready to use my tablet for a meeting, it was cutting off and not coming on.”

Neville said she was willing to pay more to be able to Zoom without interruption, so she called AT&T to upgrade her connection. She said she was told there was nothing the company could do. In her area, AT&T only offers download speeds of 1 megabit per second or less, trapping her in a digital Stone Age. Her internet is so

slow that it doesn’t meet Zoom’s recommended minimum for group video calls; doesn’t come close to the Federal Communications Commission’s definition of broadband, currently 25 Mbps; and is worlds below median home internet speeds in the U.S., which average 167 Mbps.

“In my neighborhood, it’s terrible,” Neville said.

But that’s not the case in other parts of New Orleans. AT&T offers residents of the mostly white, upper-income neighborhood of Lakeview internet speeds almost 400 times faster than Neville’s—for the same price: \$55 a month. The neighborhoods offered the worst deals had lower median incomes in nine out of 10 cities in the analysis. In two-thirds of the cities where The Markup had enough data to compare, the providers gave the worst offers to the least white neighborhoods.



PAUL SANCYA • Associated Press

Pamela Jackson-Walters uses her home internet to attend church services virtually and to pursue a graduate degree, but the service AT&T offers in her mostly Black neighborhood is much slower than the rest of the city.

◀OPINION from page 4

to post moments of you hanging out with your friends when you may be struggling internally.

You could post a photo collection of you on a white sandy beach looking totally relaxed when you could be dealing with a recent breakup or a massive life issue, and no one would have to know. Social media has driven us to think that we can

only show our happy moments by the cupful and only display our grief by the teaspoon. In addition to concealing our woes, it’s hard to not compare your life to others. Even I still experience FOMO (fear of missing out) when I see people I graduated high school with at huge parties, fun vacations or just experiencing moments in life that I’m not.

Seeing the mass amounts of

likes and comments attached to posts can make us question our own self worth, a hazardous connection of social media to a popularity contest. It’s during moments like these I realize I need to shut off my phone and realize that I’m exactly where I’m supposed to be in life.

It wasn’t until my first digital detox that I realized how big of a hold social media had on my

life. For those unaware, a digital detox is turning off your phone for a couple of days and going off the grid. Usually, the first few hours spark a little longing. But after a day I don’t even notice my phone isn’t attached to me. Being able to distance myself from a screen for a few days is so beneficial to my health. If a few days is too drastic, try one day, or even just a few hours.

Any amount is helpful.

In a world that is heavily impacted by the internet and its multitude of posts, it can be easy to get swept up in a frenzy of comparisons and doubt. Comparing ourselves to others doesn’t lift us. It only brings us down.

You are worth more than any amount of likes on a digital screen.



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SPORTS

Volleyball versus the neighbors out East as game day is underway

By CHARLIE GROEBNER
Staff Writer

With only five games left in the regular season of play, the Minnesota State University Mankato Mavericks volleyball team seeks to end their season on a high note. Even if playoffs may be out of the question, they still are determined to not waste the rest of the season.

Before they depart on the final road trip of the regular season, the Mavericks prepare for tonight's Matchup against the Winona State Warriors at 6 p.m. in the Taylor Center. Especially, after suffering back-to-back losses against the UMD Bulldogs and the St. Cloud State Huskies. The Mavericks desperately are looking to get win number six and build momentum as they prepare to hit the road.

Even for a record of 5-8, the Mavericks have shown a lot of growth while being led by second-year coach Corey Phelps. It seems that the group has not only grown closer as a family but showing player growth and improvement on the court. One player who has shown significant improvement in the last few games is sophomore outside hitter Toryn Richards. The native of Cleveland, Minn. has compiled double-digit kills in the last four out of five games for the Mavericks.

"I think that I have noticed a lot of improvements in my second year. Particularly in my serving which has been up, and my blocking which my first year was only two, and now is double digits. It really was the stuff that I worked on over the summer and getting stronger at my position," said Richards.

The group will need all the assistance as they prepare to take on the 7-6 Winona State Warriors. Even for their record, they still are a team that shouldn't be overlooked in the slightest. The main storyline going into this contest is the tag team of senior middle blocker Madison Larson and junior right side Sidney Paulson. Both ladies are the top two kill leaders on their team and in the top ten in kills

VOLLEYBALL on page 9 ►

Battling the Huskies in top-10 showdown

By KARSON BUELOW
Staff Writer

The No. 2-ranked Minnesota State University, Mankato men's hockey team is prepared to finish off its non-conference slate to start the season with a meeting against no. 8 St. Cloud State this weekend.

The Mavericks boast a 3-1 overall record so far this season after sweeping Minnesota Duluth last weekend, while St. Cloud State remains undefeated at 4-0.

This weekend will mark games 70 and 71 of the long-standing rivalry between the two clubs. St. Cloud State owns an all-time record against Minnesota State of 37-24-8 with their last meetings coming in MSU's home opener last season.

The Mavericks blanked the Huskies in game one of last year's series 1-0, while the Huskies controlled game two 3-1.

But this rivalry doesn't just matter for the players. Long-standing MSU coach Mike Hastings and SCSU coach Brett Larson have developed a friendly feud in their years coaching against each other.

In addition to their years with their respective clubs, the two joined forces in the 2020 winter olympics as assistant coaches to the U.S. men's hockey team.

"There's some friendly fire," Hastings chuckled.

"We're both prideful in the idea that we're representing our programs and we want them to do well. I've got a lot of respect for him and his entire staff and how they do things."

This weekend marks Minnesota State's first away series



DYLAN ENGEL • The Reporter

The Mavericks will go up north to St. Cloud this weekend to take on St. Cloud State for their third-straight top-10 match up so far this season. Friday's game is scheduled for 7:30 p.m. and Saturday at 6 p.m.

of the season. If they're going to be successful, the Mavericks will have to drown out the noise that this weekend will bring.

In addition to it being Minnesota State's first away series, St. Cloud State will also be celebrating homecoming; a full crowd is expected at Herb Brooks National Hockey Center.

Hastings remains adamant on keeping his team focused heading into this weekend.

"We've done our do-diligence on what we think we're gonna see from St. Cloud which is quality hockey," Hastings explained. "At the end of the day

the game is gonna be played wherever it's at, and for us it's been more of trying to grow our game."

The Mavericks have continued to grow with each game they've played so far this season.

Last week, the CCHA announced freshman goaltender Alex Tracy as rookie of the week, as well as senior forward Sam Morton earning forward of the week and junior defenseman Akito Hirose tabbing defenseman of the week.

Hirose talked briefly about the energy in the locker room and amongst the group so far

this season and heading into this weekend against the Huskies. "It's been good, we have a lot of new faces in there," Hirose said.

"We're a tight-knit group pretty quickly here which is nice to have. And playing these top teams gives you a Frozen Four vibe which makes it super easy to get excited for."

Minnesota State will travel up to St. Cloud this weekend to take on St. Cloud State for their third-straight top-10 matchup so far this season.

Friday's game is scheduled for 7:30 p.m. and Saturday at 6 p.m.

Mavs hoping to go undefeated during final stretch

By LUKE JACKSON
Staff Writer

Heading into the final stretch of the season the Minnesota State, Mankato's soccer team looks to remain undefeated in conference play as they have three opponents left.

MSU sits on top of the Northern Sun Intercollegiate Conference at first place with an upstanding overall record of 10-1-4 and a conference record of 8-0-4. MSU is hosting Sioux Falls at The Pitch on Friday, Oct. 21 and then is going to Southwest Minnesota State on Sunday. These are two of the last three games of the season.

The Mavs previous games were both at home against

Minot State and UMary. Both were slow with only one point scored in both games. The first game against Minot State resulted in a scoreless tie while the second game against UMary was a draw-out game. Only scored one point but won 1-0.

Parent's day is on Friday and the Mavs hope to have a smooth victory against the Sioux Falls Cougars. Parent's day is always a big game for the seniors, especially because only three games are remaining in there last season. With 11 of the players on the team being seniors, they hope to show their skill sets versus the Cougars.

The Cougars are on the bottom of the NSIC currently without a win. They also are winless in nonconference play



DYLAN LONG • The Reporter

Minnesota State University, Mankato women's soccer team will play at home this Friday 3 p.m. at The Pitch against Sioux Falls.

as well with an overall record of 0-10-5. The Cougars have a stunning two goals on the season while letting oppo-

nents score 29 on them. Despite only having two goals, they both came in the past

SOCCER on page 7 ►

Women's hockey looking for first win of the season

By KOLE BUELOW
Staff Writer

After an 0-6-0 start to the season and just one point in Western Collegiate Hockey Association (WCHA) action, the Minnesota State University Mankato women's hockey team is back for a two-game series against the University of St. Thomas.

In a sense, St. Thomas could help the Mavericks find some life this season.

Minnesota State has had arguably the toughest beginning in all women's hockey to their 2022-23 campaign, playing three teams that have not lost so far this season. The Mavericks pulled a three-series slate of games that included No. 4 Minnesota Duluth, No. 2 Minnesota, and No. 1 Ohio State. A group of teams who have a combined record of 16-0-0.

With six losses, the team has been struggling to find positives week in and week out but the team dynamic has still remained high.

"The dynamic has been a little down after last weekend, but we're starting to pick it up," Junior forward Madison Mashuga said. "We're rallying around each other during practice and we're really excited for this weekend."



LILLY ANDERSON • The Reporter

The Minnesota State University, Mankato women's hockey team will play this Thursday at the Mayo Clinic Civic Center and on Friday in Minneapolis at St. Thomas both starting at 6 p.m.

However, the undefeated opponent streak ends this week when the Mavericks face the Tommies in a home-and-home series. St. Thomas began its sea-

son against the University of Wisconsin, losing both games before splitting its next series against Franklin Pierce University. Despite St. Thomas' one win,

the Mavericks remain ahead of the Tommies in the WCHA standings due to MSU's overtime loss to Duluth on Oct. 7.

For Minnesota State, their

winless woes have not been losses to hang their heads around. Until this past weekend's slate against No. 2 Minnesota, the Mavericks had only lost by one goal in three of their four games.

That was mainly due to Minnesota State's defense, which was captained by senior defenseman Anna Wilgren. However, the Mavericks will be without Wilgren for the remainder of the season due to a season-ending injury.

Wilgren missed last season due to competing for a spot on the U.S. Olympic National Team and will now be sidelined until her inevitable recovery. Fortunately for the Mavericks, they do regain senior defenseman Charlotte Akervik this weekend, who competed for a spot on the U.S. Collegiate National Team this past summer.

Mashuga commented on the Mavericks' injuries woes stating, "It was hard losing our top D, but I feel like the younger girls picked it up. We're glad to have Charlotte back."

As for the team's goal this weekend, Mashuga kept it simple: "Win a game. That's the goal, but we need to play strong defense."

As long as the Mavericks stick to their goal, they will undoubtedly find success this weekend. Games are slated for Oct. 20 and 21, both at 6 p.m.

◀**SOCCER** from page 7

two games so they are slowly making progress on the season.

Following this, Sunday's

matchup versus the SMSU Mustangs is on the road in Marshall Minnesota. The Mustangs are currently 2-6-7 with both of their wins hap-

pening against conference teams. This game poses more of a threat to the Mavs but MSU hopes to pull out a win to become closer to going un-

defeated against NSIC teams.

MSU's chances of finishing the season with only one loss become greater and greater as the season comes to an end.

If they can achieve this they will most likely finish the conference first and then have their eyes set on the postseason.

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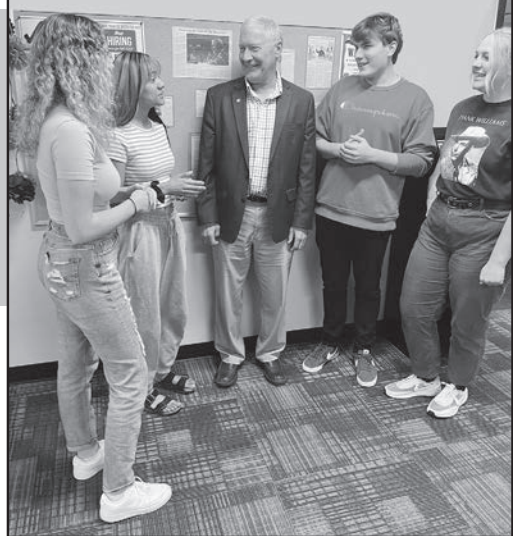
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Prepared and paid for by the Re-Elect Mark Piepho for County Commissioner Committee.
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Vikings host MSU in must-win matchup

By HAYDEN LEE
Staff Writer

After a dominant performance on Saturday which saw the Mavericks take care of the Upper Iowa Peacocks 43-20, the football team will hit the road this weekend to take on a challenging foe.

The Mavericks travel to Sioux Falls Saturday to take on the 21st-ranked Augustana Vikings at Kirkeby-Over Stadium at 1 p.m.

The last time these teams clashed was last year in a late October game in which the Vikings came out on top, 45-35.

The Mavericks will be looking to prove that last season's loss was just a fluke, as before last season's slip up they had won nine straight against the Vikings.

One thing that stuck out during the Mavericks' win last week was the team's ability to run the ball, with 48 carries for 320 yards and five touchdowns as a team.

Freshman Colin Kadolph handled 18 of those attempts, and expects the dominance on the ground to continue.

"We are always trying to add people into the mix so we have more variation," said Kadolph. "With injuries, we just need people who can run the ball well and help the team win."

The Vikings have been strong and consistent on the offensive end this year, scoring over 20 points as a team in every game so far.

They have been led by two different quarterbacks this sea-



DYLAN ENGEL • The Reporter

The Minnesota State University, Mankato's football team will be on the road this weekend in Sioux Falls to play Augustana on Saturday at 1 p.m.

son: junior Casey Bauman and sophomore Thomas Scholten.

Bauman has started three games this season, including the team's most recent matchup against Wayne State. In comparison, Scholten has made four starts on the year and has gone 4-0.

On the defensive end for the Vikings, senior defensive end Grayson Diepenbrock has been having himself a year.

With eight sacks and 11 tackles for loss, he leads the Vikings in both categories by far.

Another player to watch is senior defensive back Eli Weber. He leads the team with three interceptions and four pass breakups, while also adding another four tackles for loss.

Having playmakers in the defensive backfield and on the defensive line has made the

team's defense a great strength as well. This week's matchup also carries significant playoff implications.

With a win this weekend they have a much greater chance at making the playoffs.

If this Saturday's showdown ends with a Mavericks' loss, it would essentially rule out any possibility that they would make the playoffs, making this a must-win game for the Mavericks.

Regarding the energy and mindset they have been building leading into this game, Kadolph and the Mavericks are locked in.

"We've been running off the energy from our win last week, and we want to keep building on it this Saturday. It has been very important to stay focused and keep winning one game at a time," Kadolph added.



File Photo

The Minnesota State University, Mankato's volleyball team will play today in the Taylor Center at 6 p.m.

•VOLLEYBALL from page 7
for the conference. They are essentially the team's catalyst on the offensive side of the ball.

Even with a big matchup like this, the Mavericks are in no way rattled by the challenge that is about to enter their house. The objective for them seems to be worrying about controlling the battle

for points early and not focusing on winning the game every second.

"Our mindset is trying to go out and get the first point. Often, teams go out there and try to focus on winning the game. Collectively as a team, we are going for that one point and just repeating it until we get the job done," said Richards.

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Socktober - it's spooky how fun donating is



Courtesy Photo

Last year's Socktober season resulted in over 800 pairs of socks being donated by Mavs in Action. This year, keep an eye out for more beautiful boxes to drop a pair in. Socks might not be scary, but freezing your toes off is; save someone the horror this season through a fun schoolwide event!

By LAUREN VISKA
Staff Writer

Mavs in Action (MiA) is a Recognized Student Organization (RSO) that meets every Thursday at 4 p.m. in the Centennial Student Union. They work with the community of Mankato for volunteer opportunities.

"Our main purpose is to connect people with volunteer opportunities and do things here on campus. We assist Community Engagement," said Hannah Minet, the president of MiA. "Most of the stuff we do is pretty local. We've made dog

toys for the Blue Earth County Humane Society. We do a lot of little things like that. It's just a really good way to get involved and do some volunteer work."

One of the things MiA is doing this October is Socktober. Socks, underwear, and undergarments are hard for some people to afford. It is especially hard in winter, and no one thinks of donating those types of clothing. Socktober runs from Oct. 17 to 31, and students can bring these items to any participating organization.

Crystal Watts, the graduate assistant for Community Engagement (CE), got the idea for this last year while scrolling

through social media.

"I came across it as a fundraiser that I had seen on social media. I researched it and thought, 'that's a really cool idea,'" said Watts. "When people donate clothing items, they rarely donate socks, underwear, and those types of things."

This is not a new thing that the MiAs are doing. They did this last year and had such a great turnout that they decided to do it again this year.

"Last year, we raised over 800 pairs of socks that was split between Partners for Housing and Connections Shelter," said Watts. "We had sent out 10 boxes last year and were expecting

people to gather between 20 and 30 pairs. So when a couple of groups stepped up and kind of went in competition with each other, that's when we reached that 800 pairs mark."

The reason that they are doing this in October is that many people need more of these clothing items as the weather gets cooler.

"Well the name Socktober fits with October. October is the time of year when a lot of different types of drives are going on," said Watts. "This is just a unique idea of if somebody doesn't identify with food insecurity, but they may identify with homelessness or the need

for clothing and or somebody might identify with the need for winter apparel and warm things."

Minet explained how to get involved.

"Organizations will get their boxes from our office and then when they're done collecting their socks, they can bring their box back [to] either the student organizations or the students," said Minet.

If students want to donate socks, underwear or any undergarments, they can bring them to either a RSO participating in this or the CE office located in Centennial Student Union 173.

Brave Hearts discussions shine a light on the underrepresented

By JOEY ERICKSON
Variety Editor

The Violence Awareness and Response Program is resuming its Brave Hearts discussions this week, shining a light on the underrepresented communities and unspoken problems beneath the surface in Mankato, both on and off campus.

This year's discussion speaker is graduate student BriShaun Kearns. Kearns, originally a

student from Winona State University, transferred to Minnesota State University, Mankato this year, and began speaking at these events in early October.

The Brave Hearts discussions, occurring every other Thursday in Ostrander Auditorium, speak about problems going on in the lives of students.

The month of October is National Domestic Violence Awareness Month, so the last two discussions have been about

domestic violence as it pertains to students, and what it does or doesn't look like.

"A lot of people think it's something that it's not. It can happen with roommates, elderly people, children... talking about it totally recontextualizes everything," Kearns said.

A significant focus of the last two discussions, as well as future talks, however, has been the mistreatment of Native American and Indigenous peoples.

Mankato has had its fair share of history regarding systemic inequality toward Indigenous people, specifically the Dakota and Winnebago peoples.

History was made just down the street in Mankato, on Riverfront Drive, where 38 members of the Dakota tribe were unjustly hung in 1862, becoming the largest mass execution in US History.

Giving visibility to the unjust treatment of Native American

people, even to this day, is one of the reasons behind Kearns' hosting of these discussions.

"It's the reality of the world. Half of Native women will experience domestic violence, and four out of five Native women will be sex trafficked in their lives. I personally know multiple people in my life growing up who experienced sex trafficking. So we hope to educate people," Kearns said.

BRAVE on page 11▶

Case vs. Paul Haggis joins month of Hollywood #MeToo trials



JULIA NIKHINSON • Associated Press

Film director Paul Haggis exits the courtroom Wednesday, Oct. 19, 2022, in New York. Jurors are getting their first look at a lawsuit that pits Oscar-winning moviemaker Haggis against a publicist who alleges that he raped her. He says their 2013 encounter was consensual.

By JENNIFER PELTZ
Associated Press

Jurors got their first look Wednesday at a lawsuit that pits Oscar-winning moviemaker Paul Haggis against a publicist who alleges that he raped her, the latest in a lineup of #MeToo-era trials involving Hollywood figures this fall.

Opening statements in the civil case against Haggis began Wednesday in a New York state court. The federal court next door is housing a trial in a lawsuit accusing Oscar-winning actor Kevin Spacey of sexual assault.

In Los Angeles, former film mogul Harvey Weinstein and “That ’70s Show” actor Danny Masterson are fighting criminal rape charges at separate trials down the hall from each other (Weinstein is already serving a 23-year sentence on a New York conviction). All of the men deny the allegations.

The confluence of trials is a coincidence, but it makes for something of a #MeToo moment five years after allegations against Weinstein triggered a dam break of sexual misconduct accusations in Hollywood

and beyond and catalyzed an ongoing movement to demand accountability.

“We’re still very early on in this time of reckoning,” said Debra Katz, a Washington-based lawyer who has represented many sexual assault accusers. She isn’t involved in any of the four trials.

In an unusual turn, both Haggis’ case and Masterson’s also have become forums for scrutinizing the Church of Scientology, though from different perspectives.

In the case against Haggis, publicist Haleigh Breest claims that the “Crash” and “Million Dollar Baby” screenwriter forced her to perform oral sex and raped her after she reluctantly agreed to a drink in his apartment after a 2013 movie premiere. Haggis maintains that the encounter was consensual.

Breest never went to police, but soon after the encounter, she gave friends an account of what happened, sending text messages that both her lawyers and Haggis’ attorneys say bolster their case.

“He was so rough and ag-

gressive. Never, ever again ... And I kept saying no,” read one text that her lawyer Zoe Salzman highlighted in her opening statement.

She said the encounter shattered Breest emotionally, but that she didn’t go public until after the allegations against Weinstein burst into view in 2017 and Haggis condemned him.

“The hypocrisy of it made her blood boil,” Salzman said.

Haggis attorney Priya Chaudhry pointed jurors to other parts of the same text exchange, saying that Breest added “lol” — for “laughing out loud” — when she mentioned performing oral sex, and that she said she wanted to be alone with Haggis again to “see what happens.”

“I don’t care too much. I just hope I don’t now have enemies” professionally, she wrote, according to Chaudhry.

Only Breest is suing Haggis, but jurors will also hear from four other women who told her lawyers that Haggis sexually assaulted them, or attempted to do so, in separate encounters between 1996 and 2015.

First lady Jill Biden talks cancer prevention



MORRY GASH • Associated Press

First lady Jill Biden talks to students during a stop at Westside Academy Wednesday, Oct. 12, 2022, in Milwaukee.

By CHRIS MEGERIAN
Associated Press

First lady Jill Biden took her husband’s unity agenda to an unlikely venue on Monday, when conservative cable station Newsmax aired an interview with her about cancer research.

Curing cancer is a central goal for President Joe Biden, whose eldest son, Beau, died from a brain tumor seven years ago. Last month he urged Americans to embrace a “moonshot” initiative to reduce deaths, one of several objectives that he hopes crosses party lines in today’s divisive political environment.

“It’s not a red issue, a blue issue,” the first lady told Newsmax. “Cancer affects every

American.” It was a friendly conversation on a channel that’s better known for its excoriations of the president.s. Newsmax is also facing a lawsuit for broadcasting false claims about voter manipulation.

The interview was conducted by Nancy Brinker, who hosts a show on the cable channel and founded the breast cancer organization Susan G. Komen for the Cure. The organization is named for Brinker’s sister, who died of cancer.

Biden said four of her friends were diagnosed with breast cancer in 1993, and one of them died. She said the experience drove her to create the Biden Breast Health Initiative, which educated young girls in Delaware about breast health.

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•**BRAVE** from page 10

Kearns believes that the underrepresentation of these issues and the lack of conversations surrounding them only contributes to the problem.

“People do think that this isn’t a real thing that happens. They think it’s one of those things that happens only in the movies. I’ve had people come up to me and say ‘It’s not really that bad.’ I want people to come and share the knowledge... feel heard, and feel understood,” Kearns said.

Although there’s only been one discussion so far, the reviews have already been coming back positive.

Kearns likes to keep the discussions open and interactive; a big component of that is asking for feedback from members of the audience. The last discussion, centered around domestic violence and the many shapes it can present itself in, was particularly helpful.

“I asked them if this was a new thing for them to hear, and people were like ‘It is new!’

Lots of folks did share that it was helpful to hear. It can be really scary to go through that stuff by yourself,” Kearns said.

Kearns wants everyone attending the discussions to know that they aren’t alone.

“There are specific hotlines for people experiencing sexual assault or domestic violence, and we have a lot of connections to the community here with CADA, the Committee Against Domestic Abuse. You can always ask for help,” Kearns said.

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