

Campus Kitchen stopped operations

By AMALIA SHARAF
Staff Writer

Campus Kitchen at Minnesota State, a national initiative aimed at addressing food insecurity in the community, is now closed.

Campus Kitchen is a volunteer-based program that has been running since 2005.

According to the program's social media pages, for the last seven years Campus Kitchen's 744 volunteers during that time: logged 7,859 service hours, collected 94,820 pounds of food, created 13,000 meals and delivered an additional 66,893 pounds of food to partners in the community.

According to Graduate Advisor for Community Engagement Crystal Watts, after the national initiative was discontinued, Campus Kitchen at MSU continued operating on its own, all thanks to motivated students.

"It was possible because at the time students were passionate about it and having all of those shifts available for students to meet their volunteer needs was also very desirable for students," said Watts.

Campus Kitchen provided training for student volunteers, where they learned about a variety of skills and topics, including leadership, nutrition and food insecurity.

"It was also focused on helping students learn and understand the importance of volunteerism and how it's not just a performative act, but they actually learn some of the



BRICE NYIRINGABO • The Reporter

Campus Kitchen at Minnesota State University has been running since 2005 but is now coming to a close. Over the last seven years the kitchen had 744 volunteers and created thousands of meals for partners in the community.

systems that are in place that make these programs possible," said Watts.

Sai Meghana Lakku is a student at MSU who has been volunteering for Campus Kitchen since Fall 2021. She said that she learned a lot about food insecurity and nutrition from her time with Campus Kitchen.

"I even did meal preparations

during my shifts. This included cooking and nutrition skills," said Lakku. "For example, MyPlace Mankato is serving kids, so we have to make sure they have a balanced diet of fruits and veggies and then some proteins, too."

Volunteers harvested products in the morning to bring them to the Campus Kitchen, where they cooked meals.

Meals were then distributed to partners in the community.

"We got food from different organizations or restaurants like Olive Garden Red Lobster, Chipotle, and ECHO Food Shelf," said Lakku. "And then we collected all those in the morning."

"Students would go out and connect with local partner restaurants and other partners to pick

CAMPUS on page 2

Tech fair helps make DREAMS come true

By ANDREA
SCHOENECKER
Staff Writer

The Data Resources for Eager & Analytical Minds (DREAM) hosted a career fair Tuesday open to all students interested in the information technology industry.

DREAM faculty advisor Rajeev Bukralia started the program to help students create connections and learn about new opportunities.

"He thought, 'What is a good way that we could get employers and students in the same room helping students from first year all the way to our graduate students,'" said Katie Hodgdon, assistant director of the Career Development Center.

Hodgdon said this career fair can be a starting place for many students to meet people in the industry that they want to work in, get advice and help them find internships with a variety of companies.

Mary Clair Toomajian, a representative for the company RSM, said supporting career fairs helps students find opportunities they may not have been aware of.

"Especially for computer science tech majors, they might not know about some of the companies that are out there that aren't the standard tech companies," Toomajian stated.

Uday Puttireddi, a CIT student, said he came to the career fair looking for internships such as software engineering, data analysis or cyber security.

His aspiration to work in this industry came from his love of video games and technology when he was younger, so pursuing a career in technology just made sense.

"I've had a lot of interest with tech. So I got to know all the new tech which is coming into the world, like even now AI and stuff," Puttireddi said. "I have been interested in that ever since my childhood. Even my father is a software engineer."

Career fairs like this one often lead students to internships where they learn valuable skills for their future careers.

DREAM on page 2

Housing and meal rates disclosed to students

By EMMA JOHNSON
Editor in Chief

While students are away over the summer, The Residence Hall Association (RHA) implements changes based on student feedback.

During Wednesday's Student Government meeting, Director of Residential Life Cindy Janney gave a presentation detailing how the RHA is in the planning stages of room and meal plan rates for the 2024-25 school year.

New windows and shades were put into McElroy's E Hall. McElroy's G Hall got new closets and medicine cabinets which haven't been replaced in 60 years. Future work in McElroy includes temperature adjustments.

"Next summer, McElroy will have air conditioning and temperature adjustment in the room. In two years, we'll be at a point where all of our residence halls have air conditioning," Janney said. "We're looking forward to that and we wish we would have already had it this August."

Additional improvements in-



ALEXIS DARKOW • The Reporter
Cindy Janney gave a presentation detailing how the RHA is in planning stages of room and meal plan rates for the 2024-25 school year.

clude energy-saving LED lighting in all Preska dorms and an air-conditioning upgrade in the dining center's dishroom.

Janney explained room rates cover more than just the room and furnishings. It also includes utilities, internet and front desk services to name a few. Meal plan rates

cover the food, staff and maintenance of the dining center.

The rates are set by reviewing current and projected expenses. After proposal rates, RHA considers services and amenities students may want. A rate is then set to meet those needs.

A commonly asked question Janney hears is if room and meal rates would be affected if a tuition freeze were to go into place.

"Room and meal rates are a fee a student chooses to pay. It's not a mandatory fee because no one's required by the university to live on campus," Janney said. "Consequently, a tuition freeze does not apply to those rates."

Janney said the residence halls, like "a mortgage for a house," hold long-term debt.

"When Residential Life builds a new residence hall, we're figuring out the plan for how we're going to pay for that over the next 20 years, just as a person figures out when they buy a house," Janney said.

Through the student consultation process, student feedback has resulted in residence hall and dining center changes such as reusable to-go containers, free laundry and supplying toilet paper in private bathrooms.

Any student who has an idea to improve the residence halls is encouraged to bring their ideas to the residential life staff.

Inside the delicate art of maintaining America's aging nuclear weapons



Kansas City National Security Campus • The Associated Press

An employee works on a mechanical wristwatch at the National Nuclear Security Administration's Kansas City facility in Kansas City, Mo., May 23, 2023.

By TARA COPP
The Associated Press

In an ultra-sterile room at a secure factory in Kansas City, U.S. government technicians refurbish the nation's nuclear warheads. The job is exacting: Each warhead has thousands of springs, gears and copper contacts that must work in conjunction to set off a nuclear explosion.

Eight hundred miles (about 1,300 kilometers) away in New Mexico, workers in a steel-walled vault have an equally delicate task. Wearing radiation monitors, safety goggles and seven layers of gloves, they practice shaping new warhead plutonium cores — by hand.

And at nuclear weapons bases across the country, troops as young as 17 keep 50-year-old warheads working until replacements are ready. A hairline scratch on a warhead's polished black cone could send the bomb off course.

The Associated Press was granted rare access to key parts of the highly classified nuclear supply chain and got to watch technicians and engineers tackle the difficult job of maintaining an aging nuclear arsenal. Those workers are about to get a lot busier. The U.S. will spend more than \$750 billion over the next 10 years replacing almost every component of its nuclear defenses, including new stealth bombers, submarines and ground-based intercontinental ballistic missiles in the country's most ambitious nuclear weapons effort since the Manhattan Project.

It's been almost eight decades since a nuclear weapon has been fired in war. But military leaders warn that such peace may not last. They say the U.S. has entered an uneasy era of global threats that includes a nuclear weapons buildup by China and Russia's repeat threats to use a nuclear bomb in Ukraine. They say that America's

aged weapons need to be replaced to ensure they work.

"What we want to do is preserve our way of life without fighting major wars," said Marvin Adams, director of weapons programs for the Department of Energy. "Nothing in our toolbox really works to deter aggressors unless we have that foundation of the nuclear deterrent."

By treaty the U.S. maintains 1,550 active nuclear warheads, and the government plans to modernize them all. At the same time, technicians, scientists and military missile crews must ensure the older weapons keep running until the new ones are installed.

The project is so ambitious that watchdogs warn that the government may not meet its goals. The program has also drawn criticism from non-proliferation advocates and experts who say the current arsenal, though timeworn, is sufficient to meet U.S. needs. Upgrading it will also be expensive, they say.

"They are going to have extreme difficulty meeting these deadlines," said Daryl Kimball, executive director of the Arms Control Association, a non-partisan group focused on nuclear and conventional weapons control. "And the costs are going to go up."

He cautioned that the sweeping upgrades could also have the undesired effect of pushing Russia and China to improve and expand their arsenals.

WHERE IT BEGINS

The core of every nuclear warhead is a hollow, globe-shaped plutonium pit made by engineers at the Energy Department's lab in Los Alamos, New Mexico, birthplace of the atom bomb. Many of the current pits in use come from the 1970s and 80s. That can be problematic, because there's a lot about plutonium's aging process that scientists still don't understand.

The key radioactive atom in

the plutonium pit has a half life of 24,000 years, which is the amount of time it would take roughly half of the radioactive atoms present to decay. That would suggest the weapons should be viable for years to come. But the plutonium decay is still enough to cause concern that it could affect how a pit explodes.

President George H.W. Bush signed an order in the 1990s banning underground nuclear tests, and the U.S. has not detonated pits to update data on their degradation since. When the last tests were performed, they provided data on pits that were at most about two decades old. That generation of pits is now pushing past 50.

Bob Webster, deputy director of weapons at Los Alamos, said scientists have relied on computer models to determine how well such old pits might work, but "everything we're doing is extrapolating," he said.

That uncertainty has pushed the department to restart pit production. The U.S. no longer produces man-made plutonium. Instead, old plutonium is essentially refurbished into new pits.

This task takes place inside PF-4, a highly classified building at Los Alamos that's surrounded by layers of armed guards, heavy steel doors and radiation monitors. Inside, workers handle the plutonium inside steel glove boxes, which allow them to clean and process the plutonium without being exposed to deadly radiation.

In the final production steps, a lone employee in the vault takes the almost-completed pit into both of her gloved hands and shapes it into its final form.

"Things have to fit a certain way, and everything is by touch, by feel," said the Los Alamos employee, who the AP has agreed not to name because she is one of only a handful of people in the U.S., and the only female, who performs this sensitive task.



DALTON GRUBB • The Reporter

Tuesday's DREAM career fair was open to all students who want a better look into the tech industry.

◀DREAM from page 1

Justin Sands from Christiansen Farms said, "The work that our interns do is relied upon, it's utilized and it's looked at from every level of the organization from the very, very top, all the way through all the rest of them."

Data Science PhD student Greeshma Kalsham, head of event management for the DREAM student organization, said that DREAM is a great opportunity for students trying to become more involved in computer science and technology.

"We organize events, do competitions and provide internship opportunities and also organize career fairs like this," she said. "(We) make sure we have leaders and people from different universities and PhD graduate professors come over and have guest lectures," she said.

To learn more about the DREAM student organization and the opportunities they can offer you, email MNSU dream at dream@mnsu.edu.

◀CAMPUS from page 1

up the food and come back," said Watts. "They processed it, and then other chefs would take that food and either defrost it and make a meal plan out of it, or they would, according to the meal plan, start portioning those things out."

In spite of Campus Kitchen's

closure, students have other resources available for them to fight food insecurity.

"Now with Campus Kitchen being gone, students still have five days a week access to both the Maverick Food Pantry and the Campus Cupboard," said Watts. "And the Campus Cupboard has been able to expand."

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How to battle test anxiety

Sitting in a daunting classroom surrounded by sweaty classmates, frantically cramming in final notes before the professor drops a packet of paper in front of you is a shared experience few enjoy.

Test anxiety is a real thing. Whether we're prepared or not, things can quickly change once the pencil hits the paper.

We need to establish techniques that can combat dreadful test anxiety and give us the boost to succeed in our classes so we can strut the stage on graduation.

For one, cramming is absolutely a no-go.

When we cram, the information is retained only temporarily, and does not actually stick in our brains as knowledge to use in the future. By studying early and pacing ourselves, we will be more prepared and less stressed both the night before, and on the actual day of testing.

Another thing that helps prepare for tests to reduce anxiety is finding what works for you when it comes to studying. Everyone has their own studying habits and techniques and finding what works for you will be key.

When scrambling to take in information, it is important to take multiple breaks as well. Studying is exhausting, and eyes glued to a screen is never healthy either. By taking a few gaps during studying to have a snack, watch a TV episode or chat with friends, we will feel more settled down and motivated to do work.

One of the most important things we can do for our bodies to battle test anxiety is to get a good night's worth of sleep. All night cram sessions only cause us to be less focused, groggy, and we will likely not perform our best the day of.

Having a complete rest will help us to be in our best, most energized state to conquer our exams.

Overthinking is a huge component of test anxiety. In most cases, we are already well prepared for the exam, but the anxiety that pours in before walking through the doors causes us to spiral.

We should reflect on past experience and keep in mind that we have taken hundreds of tests in our lifetime, and good or bad, we have gotten through it and are still here pursuing a degree. Sometimes we just have to take a breath and remember that not everything is in our control, and sometimes it is OK to not know every ounce of material. Let nature run its course.

To defeat test anxiety in its tracks, we need to keep in mind that everyone is feeling the same thing. We need to remind ourselves that all will be okay and that we have set ourselves up to succeed in these moments.

Remaining realistic and realizing that this singular test is not defining us as people will set us on the right path to success. Test anxiety is so prevalent while in college, and it is up to us to take the right steps to avoid these pesky feelings.

Perspectives

Tales from the fountain



LILLY ANDERSON • The Reporter

By JEREMY REDLIEN
Staff Writer

Most of us have probably, at one point or another, enjoyed time in the soothing presence of the fountain between the Memorial Library and the Centennial Student Union.

This fountain that so many of us have enjoyed has an interesting history. It was originally installed at the 1964/1965 World's Fair held in New York City. The angular metal sculpture that now sits in the middle of the fountain was created in 1975 by former faculty member Roger Johnson.

When I was researching the 1964/1965 World's Fair held in New York City, it struck me as the most quintessential American World's Fair ever.

First, the organizers' bid to have the fair recognized by the Bureau of International Expositions was rejected, leading them to decide to hold the fair without the endorsement of the BIE.

Furthermore, the 1964/1965

NYC World's Fair's motto was "Peace Through Understanding," but it was seen as anything but peaceful by the Congress of Racial Equality, which organized multiple protests of the racial injustices they felt the fair was promoting.

According to a flier distributed by CORE, "the ugly specter of bigotry and discrimination throughout this nation, makes this world's fair both ludicrous and hypocritical."

The millions of dollars it cost must be measured against the 22 million American negroes living in the agony of fifth-class citizenship."

The 1964/1965 World's Fair also played an indirect but significant role in LGBTQ history. In order to clean up the city in preparation for the fair, then Mayor Robert F. Wagner ordered a crackdown on gay bars and increased other efforts to persecute gender and sexual minorities.

At the time the NYC World's Fair was taking place, it was il-

legal in New York State to serve those known to be homosexual.

There were also laws in place to prevent people from dressing against the gender society had labeled them with.

This increased persecution by the city in advance of the World's Fair continued until June 28, 1969, when the patrons of the Stonewall Inn started what would become known as the Stonewall Riots during a police raid on the bar.

The Stonewall Riots that started that fateful night lasted six days and gave birth to what is considered the contemporary LGBTQ civil rights movement. Today, LGBTQ pride celebrations are held across the country and around the world in June to commemorate the patrons of the Stonewall Inn fighting back against the police.

Tune in next week to Tales of the fountain: Part 2: The bystander fountain or everything your psychology professor got wrong about the murder of Kitty Genovese.

Pulse

"What is your favorite thing about fall?"

Compiled by Nathanael Tilahuan



ZACH OLSON,
SOPHOMORE

"The cooler weather."



LANDEN BOLDT,
SOPHOMORE

"The sports that are played."



SOREN HABEL,
SOPHOMORE

"The pumpkin based food."



DANIELA ORTEGA,
SOPHOMORE

"The colors of the leaves."



YOSI HERNANDEZ,
SENIOR

"Going to haunted houses."



MARIA RIOS,
SENIOR

"The cold weather."

NASA spacecraft to deliver asteroid sample

By MARCIA DUNN
The Associated Press

Planet Earth is about to receive a special delivery — the biggest sample yet from an asteroid.

A NASA spacecraft will fly by Earth on Sunday and drop off what is expected to be at least a cupful of rubble it grabbed from the asteroid Bennu, closing out a seven-year quest.

The sample capsule will parachute into the Utah desert as its mothership, the Osiris-Rex spacecraft, zooms off for an encounter with another asteroid.

Scientists anticipate getting about a half pound (250 grams) of pebbles and dust, much more than the teaspoon or so brought back by Japan from two other asteroids.

No other country has fetched pieces of asteroids, preserved time capsules from the dawn of our solar system that can help explain how Earth — and life — came to be.

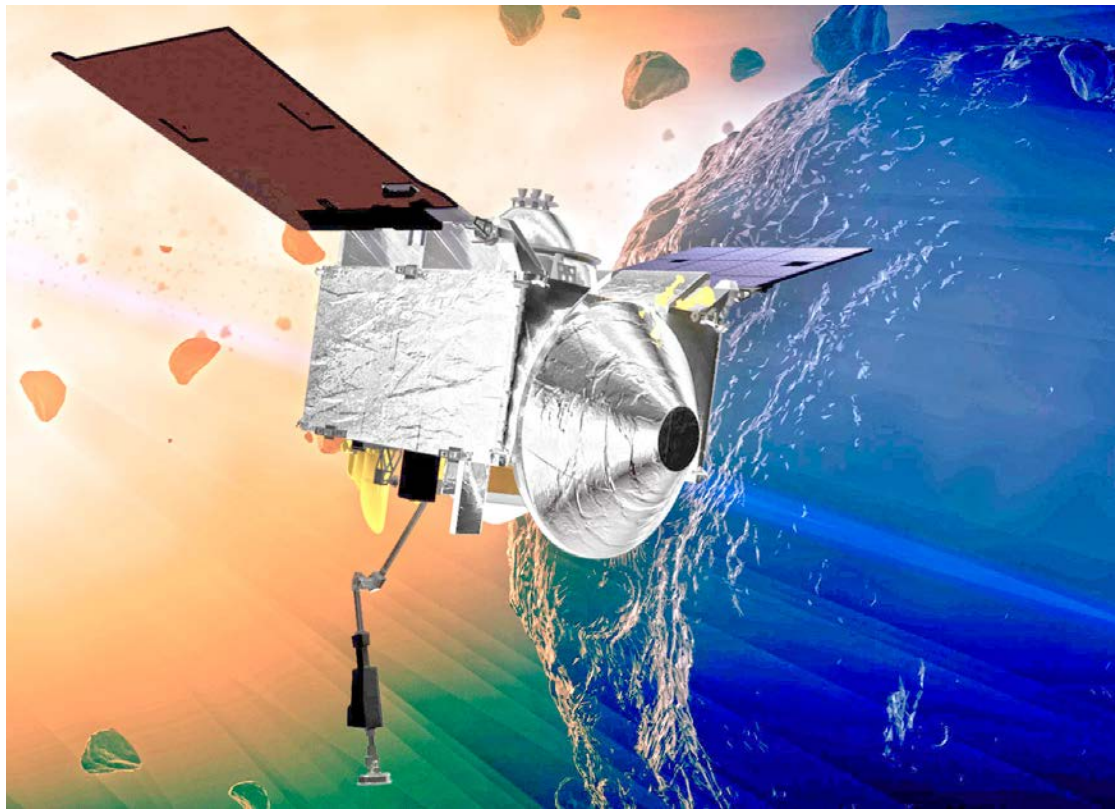
Sunday's landing concludes a 4 billion-mile (6.2-billion-kilometer) journey highlighted by the rendezvous with the carbon-rich Bennu, a unique pogo stick-style touchdown and sample grab, a jammed lid that sent some of the stash spilling into space, and now the return of NASA's first asteroid samples.

"I ask myself how many heart-pounding moments can you have in one lifetime because I feel like I might be hitting my limit," said the University of Arizona's Dante Lauretta, the mission's lead scientist.

A brief look at the spacecraft and its cargo:

THE LONG JOURNEY

Asteroid chaser Osiris-Rex blasted off on the \$1 billion mission in 2016.



Goddard Space Flight Center • The Associated Press

This illustration provided by NASA depicts the OSIRIS-REx spacecraft at the asteroid Bennu. On Sunday, Sept. 24, 2023, the spacecraft will fly by Earth and drop off what is expected to be at least a cupful of rubble it grabbed from the asteroid Bennu.

It arrived at Bennu in 2018 and spent the next two years flying around the small spinning space rock and scouting out the best place to grab samples. Three years ago, the spacecraft swooped in and reached out with its 11-foot (3-meter) stick vacuum, momentarily touching the asteroid's surface and sucking up dust and pebbles. The device pressed down with such force and grabbed so much that rocks became wedged around the rim of the lid.

As samples drifted off into space, Lauretta and his team scrambled to get the remaining material into the capsule. The exact

amount inside won't be known until the container is opened.

ASTEROID BENNU

Discovered in 1999, Bennu is believed to be a remnant of a much larger asteroid that collided with another space rock. It's barely one-third of a mile (half a kilometer) wide, roughly the height of the Empire State Building, and its black rugged surface is packed with boulders. Roundish in shape like a spinning top, Bennu orbits the sun every 14 months, while rotating every four hours. Scientists believe Bennu holds leftovers from the solar system's formation 4.5 billion years ago. It may come dangerously

close and strike Earth on Sept. 24, 2182 — exactly 159 years after the asteroid's first pieces arrive. Osiris-Rex's up-close study can help humanity figure out how to deflect Bennu if needed, Lauretta said.

GAME DAY

Osiris-Rex will release the sample capsule from 63,000 miles (100,000 kilometers) out, four hours before it's due to touch down at the Defense Department's Utah Test and Training Range on Sunday morning. The release command will come from spacecraft builder Lockheed Martin's control center in Colorado.

Soon afterward, the mother-

ship will steer away and take off to explore another asteroid.

The capsule — nearly 3 feet wide (81 centimeters) and 1.6 feet tall (50 centimeters) — will hit the atmosphere at 27,650 mph (44,500 kph) for the final 13 minutes of descent remaining. The main parachute will slow the last mile (1.6 kilometers), allowing for a mild 11 mph (18 kph) touchdown. Once everything is deemed safe, the capsule will be hustled by helicopter to a makeshift clean lab at the range.

The next morning, a plane will carry the sealed container full of rubble to Houston, home to NASA's Johnson Space Center. NASA is livestreaming the touchdown, set for around 10:55 a.m. EDT.

CLEANER THAN CLEAN

A new lab at Johnson will be limited to the Bennu rubble to avoid cross-contamination with other collections, said NASA curator Kevin Righter. Building 31 already holds the moon rocks brought back by the Apollo astronauts from 1969 through 1972, as well as comet dust and specks of solar wind collected during two previous missions and Mars meteorites found in Antarctica.

The asteroid samples will be handled inside nitrogen-purging gloveboxes by staff in head-to-toe clean room suits. NASA plans a splashy public reveal of Bennu's riches on Oct. 11.

ASTEROID AUTUMN

This fall is what NASA is calling Asteroid Autumn, with three asteroid missions marking major milestones. The Osiris-Rex touchdown will be followed by the launch of another asteroid hunter on Oct. 5. Both the NASA spacecraft and its target — a metal asteroid — are named Psyche.



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SPORTS

How it Works: an in-depth volleyball review

By HAYDEN LEE
Sports Editor

Pass, set, hit.
Volleyball is just that simple—for amateurs and casual players, maybe.

But for those who hope to play, study or coach at a higher level, let's break it down.

Volleyball is one of the most-played sports on the planet – fifth to be exact – and has gained popularity by being a blend of different sports. The rules are relatively simple, making it easy for people of all ages to understand.

Apart from that, according to volleycountry.com and various other publications, volleyball has generated a lot of fans because of how it can reduce stress and anxiety by capturing your concentration and taking your mind off of other things to focus on the sport.

Corey Phelps, head coach of the Mavs volleyball team, preaches the same thing to his own team.

“When there are outside stresses weighing on them, it has an effect,” Phelps said. “We do all that we can to make sure that when we are in the gym, they are using that time as an escape from everything else.”

The rules, while being deemed “simple” by some, can get confusing. There is a service line behind which players must serve the ball. Touching or crossing it results in a



DALTON GRUBB • The Reporter

Volleyball was invented by William G. Morgan in 1895, under the name Mintonette. It did not become an Olympic sport until the Tokyo 1964 Games.

fault.
Same rules apply for the attack line, which is a line 10 feet from the net on both sides. However, jumping from behind the line and landing in front of it is a legal move for back row players. Additionally, the libero (the one in the different-colored

shirt; we'll get to her later) may not set the ball in front of the attack line, while still having teammates attacking from above the net. Again, they may jump from behind that line.

Other rules — such as failing to serve the ball over the net, touch-

ing the net, double touching, lifting, carrying or throwing the ball — are also illegal, but are more commonly known. Each team gets three contacts while they have possession of the ball, leaving room for some creative offensive sets.

So, about that libero...

“That’s the question I get a lot. What’s the deal with the person with the different-colored uniform?” said Phelps.

The libero can play for two different players, and can serve for one of those two. It cannot go back-and-forth. The libero can only play in the back row, and their primary purpose is ball control and defense.

Other positions include setter, outside hitter, opposite hitter, middle hitter, defensive specialist and serving specialist. That’s seven positions, but only six may be on the court at a time, so substitutions are necessary.

Although the libero may seem like the most important player on the court due to the different colored jersey, the setter is the one who takes charge.

“They are the quarterback. They have to run the offense, understand how to steady the team when they are struggling as well as use their vision to identify blockers and isolate hitters,” Phelps said. “They run plays that can highlight our strengths and mask our weaknesses on offense.”

The offense runs through the setter. Ideally, the setter will have the second touch every time, passing it on the net and setting up hitters. This is called being “in-system.” If not, and the setter gets the first touch, the offense gets out of sorts, or “out-of-system.” To chal-

VOLLEYBALL on page 6

Record-setting Mavs team searches for fourth win

By LUKE JACKSON
News Director

As the Minnesota State Mavericks progress to the fifth spot in the nation, they will look to keep their undefeated streak alive versus Concordia University, St. Paul at home Saturday.

This will be the Golden Bears 17th meeting versus the Mavericks. MSU currently has Concordia's number as they're leading the series 14-2.

Along with this record, the Mavs have won their last 11 games versus Concordia, including a 25-15 road victory last season.

“I feel this Concordia, St. Paul team is very physical, very talented and very big upfront,” head coach Todd Hoffner said. “We have to play fast, we have to be physical and we have to play together. We will have to pay attention to detail and execute one play at a time.”

Concordia currently has a 1-3 record.

Their first win was week one against the Upper Iowa Peacocks in a blowout victory of 43-20. They fell short against Winona State University in week two and in week three they failed to complete a last second comeback drive against Augustana University. They needed a touchdown to win but they had a turnover on downs on a

tough fourth and five, deep in Augie territory.

The Mavericks 3-0 season has a very different narrative than the Golden Bears'. All of their wins were runaway victories as they have a win margin of 24 points per game.

They also are in the upper echelon of various stats across Division II play.

First, on both sides of the ball, Mankato has been coming up clutch on third downs. On offense they are first overall in completion percentage. On defense, they are seventh overall in stopping opposing offenses on first down conversion attempts.

The Mavericks' special teams unit has excelled in blocking kicks. They lead the nation with four over the course of three games.

“Coach Taylor runs the special teams group and he’s been doing a really nice job,” Hoffner said. “He does a lot of ahead of time scouting and just does a good job with in-game calls.”

Lastly, their offense has been nearly unstoppable. Their 45.7 points per game ranks seventh overall. Shen Butler-Lawson has been leading the charge as he leads the nation in individual touchdowns with eight. He is also second overall in yards per carry and third in overall rushing yards with 468



LILLY ANDERSON • The Reporter

The Mavs are not only hoping to extend their season win streak to four games, but also their winning streak against the Golden Bears. If they win Saturday, it will be their twelfth straight victory over Concordia St. Paul.

on the season.

Kickoff is scheduled for 1 p.m. at Blakeslee Stadium Saturday. This has potential to change as there is a high chance of rain with a possible storm.

“We’ve practiced in the rain before so it won’t be new to us,” Hoffner said. “Anytime it does rain it does create issues with ball security whether it’s throwing the ball or carrying it as a runner. There will

be extra caution set in place when there is a sloppy field but footing should be nothing short of exceptional, Blakeslee has always been a really great facility and can handle a lot of rain.”

The Beauty of Mike McDaniel



DAVID SANTIAGO • Miami Herald via AP

The Dolphins are 2-0 for the second consecutive season under McDaniel and the 22nd time in franchise history. This is all thanks to the creativity of the man pictured above.

By MOHAMED WARSAME
Staff Writer

On Sunday Night Football the Miami Dolphins beat the New England Patriots 24-17. As I watched the game, I couldn't help but think that this game was the epitome of the new school vs the old school. Although the final score was close, it was evident that the gap between the two teams was vast.

This is due to personnel, but also due to the incredible offensive coaching advantage the Dolphins had. This, ladies and gentlemen, is because of Dolphins head coach and play caller Mike McDaniel. McDaniel is only in his second year as a head coach, but here are three reasons why he is already one of the best.

Developing Tua

Dolphins quarterback Tua Tagovailoa had a career full of turbulence prior to the arrival of McDaniel. It was clear that previous Dolphins head coach Brian Flores didn't have any faith in Tagovailoa. It is rumored that Flores wanted the organization to draft Justin Herbert instead of Tagovailoa, and when Tagovailoa finally did get his chance to play in his rookie year, Flores did this odd thing where he would substitute Tagovailoa and Ryan Fitzpatrick in and out of games. I get that he was trying to make the playoffs, but that's no way to handle a young quarterback you spent the fifth pick of the 2020 NFL Draft on.

When McDaniel arrived, he prioritized rebuilding Tagovailoa's confidence that had been shattered from the get go. Some of this was displayed on a FaceTime call that was put out by the Dolphins' social media between McDaniel and Tagovailoa when McDaniel was hired.

"One thing I know about you is that you have the ambition to be great. My job is to coach you to get all that greatness out of you. It's gonna be fun man, it's gonna be work, but I know you're not afraid of that. This is an awesome day for me," McDaniel said.

In 2022, Tagovailoa's numbers improved drastically compared to the previous season. In 13 starts, he had 25 touchdowns, eight interceptions and 3548 passing yards, as opposed to the 16 touchdowns, 10 interceptions and 2653 passing yards he had in 12 starts in 2021.

Genius

Last season, McDaniel was able to use motion to get free releases for the incredible speed he has at wide receiver with guys like Tyreek Hill and Jaylen Waddle. That combined with Tagovailoa getting his confidence back and using his anticipation, touch and accuracy to connect with his receivers made the Dolphins one of the most explosive offenses in the league. An interesting thing coming into this season was that we would be able to see how McDaniel would adjust to how defenses would try to play against them after having a full season of tape on him because it was his first season of playcalling.

One major adjustment that has been prominent to start this season has been the way he is motioning Hill. McDaniel is revolutionizing the game by introducing this new way of motioning. Instead of the regular motion that would occur about a second and a half before the snap, in which defenses could see that and adjust. Now Hill's motion is happening almost right when the ball is being snapped. This gives the Dolphins offense the same advantage as they normally would with Hill being able to get a hard start, but now it makes the defense wait just a bit longer and for a guy like Hill, that can be deadly.

Under McDaniel, the Dolphins have displayed just how good their passing game can be. This season, the running game is also going to have to be something that defenses look out for. After spending years as Kyle Shanahan's right hand man, one would assume he picked up a thing or two. The reason tight end Mike Gesicki is no longer with the team is because

he isn't good at blocking. This was a sign that McDaniel has real intent to improve that facet of their offense.

Against the Patriots where Belichick's game plan was to make sure Hill didn't go off like he did in week one against the Chargers, the running game was able to come through for the Dolphins. They rushed for 145 yards and 121 of them was by Raheem Mostert. Both of Mostert's touchdown runs came on inside zones after McDaniel was able to have the Patriots' defense right where he wanted them after calling mostly outside zones throughout the game.

Personality

McDaniel has a quirky personality but it works because he isn't trying to be anybody but himself. He's a smart guy that is self aware and seems fully engaged as to what is happening around him constantly. We see this mostly when he is dealing with the media. An example of this was during his halftime interview against the Patriots where he was asked about what was working well for the offense. "I haven't done anything," McDaniel said with a stoic face. When the interview was over, he realized there was a guy with a camera that was going to follow him and he sprinted to the locker room while looking back a few times toying with the broadcast.

Another thing that makes him so relatable to his players is willingness to be vulnerable and open up about his past struggles. McDaniel dealt with alcoholism years ago. It got so bad that it led to his firing in when he was an assistant for the Texans and he smelled of alcohol during team meetings when he was with the Falcons. His Falcons co-workers confronted him and McDaniel accepted the help they were willing to provide. McDaniel has said that he last had a drink in Jan. 2016.

With McDaniel's openness about such personal subjects and the small glimpses we get to see of him being silly, it is easy to see why his players love him so much.

◀VOLLEYBALL from page 5

challenge the defense, a lot of teams will implement crossing patterns and different tempos to keep the defense guessing.

There are typically two types of defense at the collegiate level; perimeter and rotation. In a perimeter defense, at least three defenders are guarding the court lines (sidelines and end line). The person at the net covers tips, and the remaining two players double-block the net. This leaves room in the middle of the court for the offense to attack, but the players must communicate in order to step up or back to cover the open area.

Rotational defense is more common, and aims to cover more of a mix of swings and tips, requiring a lot more movement while still being comparable to a perimeter defense.

However, in a rotation, the defense relies on the back row player covering the deep line shot, as the right back shifts up from behind the blockers to cover any short tips. This type of defense typically transitions well into offense because the setter is freed up and not responsible for digging the attack, unless it is a tip.

"At this level (Division II), most of the time perimeter (defense) works better than most. At the Division I level, it is 95% perimeter. At the high school level, you see rotations quite a bit more," said Phelps.

While the offense and defense perform, there are six categories of statistics to be taken; attack, setting, serving, passing, defense and blocking.

For attacks, the main stat is a kill. A kill is defined as an attack that directly leads to a point. Kills are made possible by sets, which lead to assists, or when a player passes, sets, or digs a ball to a teammate who gets a kill.

When serving, there are two stats that rise above all; service aces

and service errors. Service aces occur when the opposing team cannot return the serve, and service errors are called when the ball does not travel over the net, goes out of bounds or the server steps on the line.

Passes are simple, think of football; if a player receives the serve, they are credited with a reception attempt, and if they cannot do anything with the serve, they are credited with a reception error. For blocking and defense, digs and blocks are counted and observed more. To record a dig, a player must keep an attacked ball in play. Blocks prevent digs from being possible because they return the attacked ball to the opposing side, resulting in a point.

Points, obviously, are the main goal for each team's possession. The first team to 25 points wins. Unless the match goes to five sets, which changes the point goal and the first team to reach 15 will win. A team has to win by two or more points, and the game will continue until one team achieves that advantage. Most matches are played as a best-of-five series, meaning the first team to win three sets wins the match.

Considering a point is scored almost every minute and each game takes about an average of one hour to play, it is not surprising why so many people enjoy this game.

Fun Fact: if a player or coach is deemed to be displaying unsportsmanlike conduct, they will be issued a yellow card, signifying their last warning. If the conduct continues, they will be awarded with a red card and the other team will be awarded a point.

In conclusion, volleyball is a simple, yet complex game where everyone is involved and communication is key. So that's how it works. The game of volleyball is a fun, exhilarating game to be enjoyed by all. But now, you are an expert.

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VARIETY

Show highlights a historical gay movement

By LAUREN VISKA
Staff Writer

When people think of the first LGBT activism, they think of Stonewall. Stonewall was a series of spontaneous protests by members of the gay community in response to a police raid.

Stonewall, however, wasn't the first. That distinction goes to the Mattachine Society, an early national gay rights organization.

Minnesota State's theater department is showcasing the Mattachine Society's history by staging a production of "The Temperamentals," which started yesterday and will run until Saturday.

"The Temperamentals" tells the tale of two men who fell in love and founded the first gay rights organization in the U.S. in the 1950s in Los Angeles.

Director Eric Parrish, an MSU grad student, is doing this show for his thesis project. He also said that he is openly gay and strongly believes in representation in theater.

"I found this piece important because I had never heard of these people. It's a docu-drama, so that seemed imperative to me," said Parrish. "It's very important to learn about something that's a part of our history and that we don't learn about at school or in textbooks or history books."

Landon Hudson plays Harry Hay, one of the founders of the Mattachine Society.

Hay was an American gay rights activist and a labor advocate in the 1950s.

Hudson knew nothing about the show before auditioning and said there was a lot of information to learn for the show. He also said he liked how bold the character



Courtesy of the Department of Theatre & Dance

In the early 1950s, "Temperamental" was code for "homosexual," part of a language of secret words gay men used to communicate. The Temperamentals tells the story of two men in love who built the first gay rights organization in the United States.

Hay is.

"I liked that he wanted to make that difference and was OK with possibly being laughed at or judged to make change. He was OK to take that first step that nobody else was taking," said Hudson. "It still feels so real today because the issues that we're talking about in the show, sadly, are still being talked about today."

One of the other characters, Rudi Gerneich, is the other found-

er. Gerneich, a fashion designer, used clothing to liberate women from the confines of high fashion and make a societal statement about sexual liberation.

His outfits mirrored the female body's natural shape.

"He is most known for the invention of the topless bathing suit. That was kind of like his thing.

In the play, he's mentioned as a fashion activist, and how he gets there is kind of unraveled in the

show," said Jacob Haen, who plays Gerneich in the show.

Haen said this show, while being set in the 1950s, is relevant today.

"I think it's really prominent, especially now when trans rights are under attack in the United States," said Haen. "And although this play does not have trans characters in it, a lot of the same messages are discussed in the show, and I think that's really powerful."

Hudson encourages students to **SHOW on page 12**

Mav Ave dining options for students

By ANAHI ZUNIGA
Staff Writer

Taking a break from college is sometimes very much needed. It is very important to recharge and sometimes, grab a bite.

At Mav Ave, located in the Centennial Student Union, students can choose from its many options. From Firehouse Subs to sushi, choices are plentiful at Mav Ave.

MSU has a typical dining center, but Mav Ave offers a lot of popular restaurants many students crave, and can be an easy-access option when students are in a hurry and don't have time to stop at the dining hall.

Below are the listed dining places located at Mav Ave:

1. Starbucks

Starbucks was voted the most popular choice at Mav Ave for students. It's an easy stop for students who want an energy boost before early morning classes, whether it be a caramel macchiato or a cool Mango Dragon Fruit refresher. They also have breakfast and pastry options for students looking for a quick bite to eat.

2. Chick-fil-A

Chick-fil-A was also voted a hotspot in the CSU. Students line up at noon everyday for lunch. It's also considered a well-known place to dine in.

"The reason I believe Chick-fil-A is the most popular place at Mav Ave is because it's already such a popular fast food place that is also conveniently placed on Campus and another option for those who do not want to go to the dining hall," freshman Lex Lustig said.

The place offers chicken menu items and their famous waffle fries, which makes it incredibly trendy among students.

3. Garbanzo Mediterranean Fresh

Looking for something new? Try Garbanzo Mediterranean Fresh. It offers Mediterranean style cuisine that varies from gyros to salads.

The ingredients are all fresh and can also be an option to dine in if you are looking for something simple and nutritious which gives many customizable options to those with diet restrictions and food allergies.

4. Taco Bell Express

Everyone knows Taco Bell, a great place to get tacos, crunchwraps, quesadillas, burritos, nachos and more.

If you're looking for a delicious and rich bite, Taco Bell is your place.

5. Union Grill

The Union Grill serves classic food items for anyone who wants a simple-yet-filling lunch or breakfast. They offer pancakes, breakfast bowls, and omelets for those who would rather stop by at the CSU be-

MAV AVE on page 12

Piedra Falsa created with "gallons of glaze"

By MERCEDES KAUPHUSMAN
Variety Editor

Ceramics is a craft with a strenuous process in itself. Forming clay to resemble the look of stone adds another intricate and time-consuming element.

Ceramic Artists Renata Cassiano Alvarez and Craig Hartenberger tied together months of work to establish their exhibit, "Piedra Falsa," in Conkling gallery.

The title — "Piedra Falsa" Spanish for "fake stone" — evokes the Mexican artist Luis Ortiz Monasterio's practice of combining concrete with pigments to cut and polish to resemble stone.

"We are both admirers of Ortiz Monasterio's work and we thought it would be a nice wink to him and his process," Hartenberger and Cassiano Alvarez said.



ALEXIS DARKOW • The Reporter

Piedra Falsa, created by two ceramic artists, draws inspiration from Mexican artist Luis Ortiz Monasterio and his use of concrete and pigment to create fake stone.

The exhibit has been present since Aug. 28 and is coming to a close on Sept. 22.

"Both of us have a slow process from the planning of the works to the final stages," Cassiano Alvarez said.

Cassiano Alvarez's part features a colorful ensemble of aggregates on stone-like materials.

"In my process there's a lot of things that happen after firing," Cassiano Alvarez said. I carve, polish, glaze again, apply luster, gold leaf, epoxy, and if something doesn't come out the way I want it, I re-fire and re-glaze until I arrive at a place I am satisfied with. A lot of material, gallons of glaze."

Hartenberger's portion of the exhibit represents the form of the tablet, featuring nine shelves and wall works he created between

PIEDRA on page 12



NATHANAEL TILAHUN • The Reporter

MavAve contains several seating options for students inside of the CSU to sit and enjoy a quick meal, complete some homework, or socialize with good friends.

◀**MAV AVE** from page 11

fore classes. For the rest of the day, they offer a full menu of burgers, sandwiches and fries.

6. Firehouse Subs

Firehouse Subs serves a variety of custom sub sandwiches with a great selection of meats, cheeses, and veggies, and they accommodate students with diet restrictions.

“Firehouse Subs is the best option since they have many substitutions for those with diet restrictions such as gluten free bread and as someone with a high fructose allergy, they also take food allergies into consideration,” Freshman Faith Pereda said.

It is important that many dining places take diet restrictions and food allergies into consideration like Firehouse Subs as they offer substitutes for certain food items.

7. Hissho Sushi

Hissho offers a most-loved and popular food item: sushi. Fresh-crafted rolls that are made from premium ingredients that are

sourced.

Rolls are created everyday for students who wish to try something new, and it has been proven that Hissho Sushi reaches a healthy standard for those with a great craving.

8. Peking Plate

Peking Plate serves Asian-inspired cuisine such as sweet and sour chicken, beef and broccoli, Mongolian pork and bulgogi beef.

Like mentioned before, the CSU offers a lot of international options, and Peking Plate has a big selection of savory mixes and classic Asian dishes.

9. Seasons

Seasons offers salads and wraps made from fresh vegetables, dressings, protein, cheeses and a variety of toppings with soups also being offered daily.

This place can be another healthy option for students with diet restrictions as both wraps and salads can be customized to anyone’s liking.

◀**SHOW** from page 11

go see it to educate themselves on this important moment in history.

“Everyone knows people in their lives that are (queer) and so I think that it’s super important that we recognize this as a part of our

history because it’s not talked about at all,” said Hudson.

For more information on how to get tickets, go to the theater arts page on the MSU website.

The show will be performed in the Andreas Theatre.

◀**PIEDRA** from page 11

2022 and 2023. Hartenberger primarily uses powdered pigment infused into clay.

His works are entirely hand sanded after firing rather than a typical glazing process to further resemble a smooth stone surface.

“This is labor intensive, but allows me to create a unique surface with a lot of depth,” Hartenberger said.

Hartenberger currently teaches in studio art foundations at the University of Arkansas, and also practices in Veracruz, Mexico.

His passion for ceramics developed as far back as middle school.

“I first found clay in middle school when I began to throw on the potter’s wheel. It stuck with me throughout high school and into college,” Hartenberger said. “After college I worked as an assistant to the artist Nina Hole and was able to travel and make my own work while helping her with projects.”

As for Cassiano Alvarez, her decision to attend art school sparked from her initial infatuation with museums.

“I came to art first through museums,” Cassiano Alvarez said. “Both my parents were always very adamant that we visited museums and were in contact with different ways of communicating through art.”

With art playing prominent roles in their lives, the two have grown both individually and together from their partnered creations.

“Art is important because it allows us to communicate beyond words,” Cassiano Alvarez and Hartenberger said. “It allows us to access a part of ourselves that we couldn’t otherwise, a place where we feel things before we rationalize them.”

The two artists will speak 7-8 p.m. Thursday in Ostrander Auditorium, with a closing reception to follow in Conkling Gallery until 9 p.m.

Quavo steps up against gun violence after Takeoff’s shooting death



STEPHANIE SCARBROUGH • The Associated Press

Quavo, center, poses for a portrait alongside his mother, Edna Maddox, right, and Titania Davenport, mother of late bandmate and rapper Takeoff, left, at the Annual Legislative Conference hosted by the Congressional Black Caucus Foundation.

By JONATHAN LANDRUM
The Associated Press

The trauma Migos rapper Quavo suffered after witnessing his nephew Takeoff being gunned down last year is a disturbing sight he doesn’t want anyone else to experience.

Through his pain, Quavo found his purpose as a vocal advocate against gun violence. He met privately with some powerful political figures including Vice President Kamala Harris then was expected to speak on a panel discussion

about combating the issue during the Congressional Black Caucus legislative conference in Washington on Wednesday.

The Grammy-nominated rapper said Takeoff’s untimely death in 2022 ultimately convinced him to speak up.

“I feel like your calling comes at the least expected times,” said Quavo, who also honored his nephew with their Migos bandmate Offset during the BET Awards earlier this summer.

Police say Takeoff was an inno-

cent bystander who was shot outside a Houston bowling alley after a disagreement over a lucrative dice game led to gunfire. Takeoff’s death was the latest in a string of fatal shootings in recent years that involved hip-hop stars such as Nipsey Hussle, Pop Smoke, PnB Rock and Young Dolph.

“You don’t think nothing is going to happen,” Quavo continued. “I need to step up to the plate and hit a homerun. I have to do something about it, so it won’t happen to the masses.”

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